



Wildlands Trail Run & 2-mile Fun Run

Sunday, Oct. 28, 2018



Part I of the Downeast Double Trouble Trail Race Challenge
Oct. 28 & Nov. 4!

WHEN? Race day registration starts at 10 am. **Race start: 11 am sharp!**

WHERE? Great Pond Mountain Wildlands, South Gate entrance on Route 1 near Rte. 176 intersection, East Orland, Maine. Follow Registration signs about 2 miles in on Valley Road.

WHAT? A 6.3 mile, x-country loop run on dirt roads and single track with plenty of up and down running. Expect roots, rocks, mud, small stream crossings and a chance wildlife encounter. Total climb ~1,200 feet.

OR a 2-mile Fun Run on Hothole Brook Trail – big boulders, a bridge and views!

WHO? The fit person who prepares for an off-road event year round.

WHY? Prizes, tee and lunch available. Proceeds go to Great Pond Mountain Conservation Trust to conserve land and trails in NW Hancock County.

HOW MUCH? \$20 pre-registered or \$25 race day, or \$10/\$15 for Fun Run. FAMILY RATE: With two adult registrations, kids under 15 run free. Pre-register by sending check payable to GPMCT and form below, or register online at www.runreg.com/double-trouble-trail-race-challenge

DOUBLE TROUBLE... Run our 6.3-mile race AND Frenchman Bay Conservancy's 4+ mile run Nov. 5 in Sullivan, and earn a Double Trouble prize! For guaranteed prize, you must pre-register early. Only \$35!

Waiver Form Must Be Signed and completed to be accepted!

I _____ hereby for myself, my heirs, executors, and administrators, do hereby hold harmless and release the organizers, volunteers, GPMCT, Town of Orland, the State of Maine, the race director, course officials, all sponsors including their agents, employees, assigns or anyone acting on their behalf, from any or all claims of liability for death, personal injury, or property damage of any kind arising out of my participation in this event. I attest that I have adequately prepared for this type of running and endurance event, read the above description of all the possible risks before, during, and after this event.

Name, First & Last: _____

Street address: _____

City/State/Zip: _____

Email: _____

Circle One: 6.3 mile Race 2-mile Fun Run

Age: _____ **Sex, Circle: Male or Female DOUBLE TROUBLE? Y N**

T-shirt size _____

Emergency Contact: _____ **Phone#** _____

Previous heart attack or ailments, include a doctor's note.

Send Registration & payment or questions to: Peter John Keeney, 35 Greeley Avenue Bar Harbor, Maine 04609, 207-288-3909 or pktrldrt@myfairpoint.net.